



Bread of Life

YOUTH WEEK

GLORYLAND BAPTIST CHURCH, LUGBE

JOHN 6:22-40

IREMIDE AKINSOLA

IREMIDEAKINSOLA@YAHOO.COM, +2348101801995

Scriptures speak

Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. **John 6:35**

Jesus answered, “Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” **John 4:13-14**



QUESTION

**ASK YOUR
NEIGHBOUR,
“WHAT IS YOUR
FAVOURITE FOOD?”**



QUESTION

Why do we eat?

- To stop hunger
- For energy
- For growth
- For satisfaction
- For healing

INTRODUCTION

- ❖ In the earlier verses in the passage that we read (John 6:1-13), Christ had provided bread for the people. And so, they followed him in need of more bread.
- ❖ Bread in that context was their staple food.
- ❖ Jesus described the emptiness of the bread the people had been given and were yet again in search of. It could not provide permanent satisfaction. This is similar to Jesus' discussion with the woman at the well.

INTRODUCTION CONT'D

- ❖ So, we see two examples. Bread that does not stop hunger permanently. Water that does not quench thirst permanently.
- ❖ **Ecclesiastes 3:11** – He has made everything beautiful and appropriate in its time. He has also planted eternity (a sense of divine purpose) in the human heart (a mysterious longing which nothing under the sun can satisfy, except God)...
- ❖ There is a void in every human soul. And since we are talking about food, we can liken the human soul to a doughnut. There is an unoccupied space which needs to be filled up.

FILLING THE VOID – The Options

What are some things that people search for to fill the void?

Possessions:

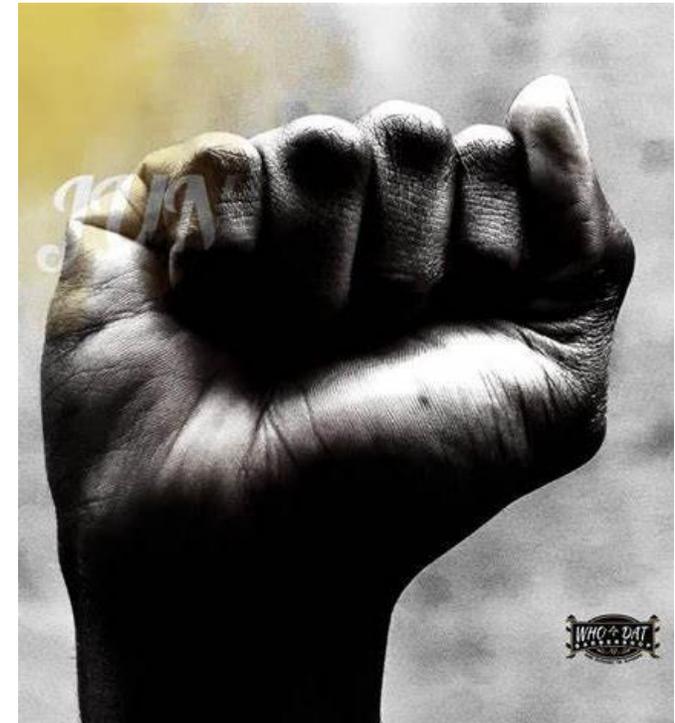
- ❖ The desire to acquire things, in increasing measure, is natural. However, the excitement that precedes does not satisfy. There is always need for more. Luke 12:15



FILLING THE VOID – The Options

Power/Position:

- ❖ The desire for power and position, just like for possessions, is a valid and important one. However, it mostly fails to provide a permanent sense of fulfilment.
- ❖ There is usually a sense of dissatisfaction and sometimes, desperation for a higher platform.



FILLING THE VOID – The Options

Pleasure:

- ❖ Different things appeal to or provide excitement for various people. Movies, novels and football are examples. Also, some find satisfaction in substances that provide temporary relief or elation.
- ❖ However, the excitement or suppression of the problem does not last. There is always need for more.



FILLING THE VOID – The Options

Popularity:

- ❖ There are so many things that people do in search of fame. People go to extreme lengths to trend, be known, or have their content go viral. There is an endorphin-high that comes with the recognition.
- ❖ However, the fame does not satisfy.



FILLING THE VOID – The Solution

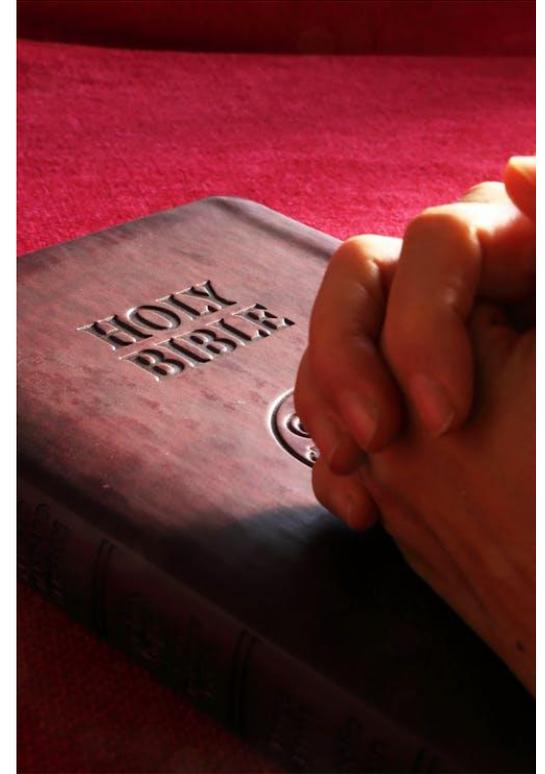
Presence of Christ:

- ❖ The Presence of Christ in a person's life is the only solution to the void.
- ❖ The 4Ps are important factors, however, they are the addendum. The focus is the 5th P – **the presence of God.**
- ❖ **How do we experience the presence of God in our lives?**



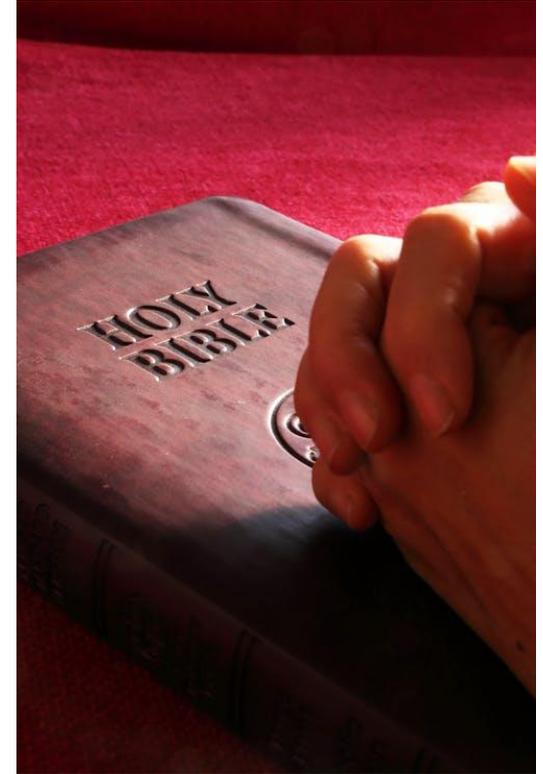
EXPERIENCING GOD

❖ **Worship:** Renouncing other gods and submitting to the Lordship of Christ.
Romans 10:9



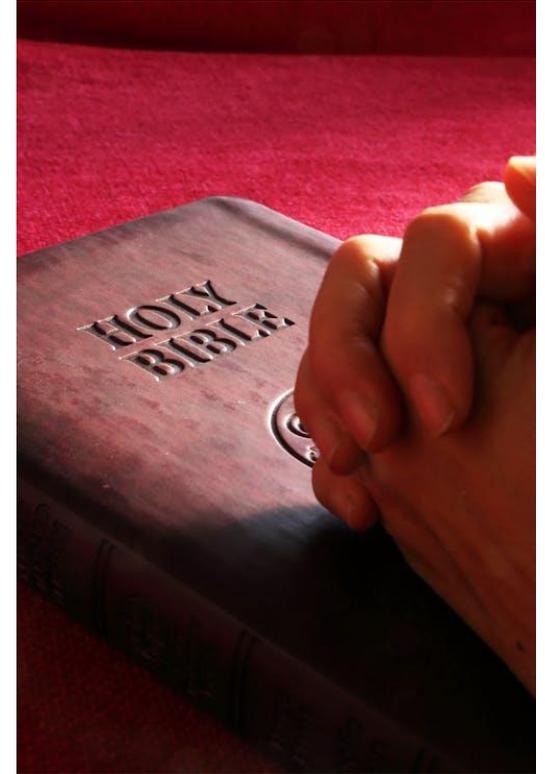
EXPERIENCING GOD

- ❖ **Walk with God:** Spend time in fellowship with God in prayer. Read the Bible. Deny self. Take up our cross daily. **Luke 9:23**



EXPERIENCING GOD

- ❖ **Work for God:** Serving in the body of Christ. Reaching out and preaching the word of God to the unsaved. **Matthew 28:18-20, 1 Corinthians 3:9**



CONCLUSION

- ❖ **The crowd were fed with bread but returned in search of more. What they received was not sufficient to sustain them.**
- ❖ **In a bid to fill the void in our hearts, some focus on acquiring possessions, power/position, seeking pleasure, and popularity.**
- ❖ **These things, in themselves, are desirable, but they don't provide permanent satisfaction. The Presence of Christ does.**

CONCLUSION

- ❖ **Do you have a sense that there is more to life? Is there a thirst, a hunger in your soul for more? Have you come to Christ but there has been a disconnect from the Source?**
- ❖ **The bread of life is here. The living water is here.**
- ❖ **He stands at the door of your heart knocking (Revelations 3:20). Will you let him in? Romans 10:9 says that “If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved.**